

ALCOHOL AND DRUG PREVENTION AND INTERVENTION

UNIVERSITY OF MARYLAND, COLLEGE PARK

PRIMARY PREVENTION

- **Peer Education:** 15 peer educators, led by a full-time preventionist, are dedicated to sharing harm-reduction based messaging regarding alcohol and other drugs
- All first year students complete an **online intervention for reducing high-risk drinking and prescription drugs**
- **Terps After Dark:** late-night programming for the first six weeks of school to provide alcohol-free social activities to students
- **Gold Code:** campus-wide harm-reduction awareness initiative to educate students on safe and responsible drinking habits

SECONDARY PREVENTION

- **Screening:** students presenting for physical examinations at the University Health Center (UHC) are screened for risky alcohol and other drug use
- UHC staff is trained on **SBIRT (Screening Brief Intervention and Referral to Treatment)**

TERTIARY PREVENTION

- **Responsible Action Policy:** amnesty from disciplinary actions for students seeking help for friends experiencing distress or illness due to alcohol or other drug use
- **Mandatory interventions:** students with campus or community alcohol or other drug-related incidents complete both an in-person and online intervention
- UHC is approved as an **opioid overdose response training site**

VOLUNTARY COUNSELING SERVICES

- **Self-referred clients:** individual and/or group outpatient treatment offered on a short-term basis
- **Harm reduction and support group:** professionally facilitated harm reduction-oriented support group

OPIOID OVERDOSE PREVENTION AND RESPONSE

- **Police training:** University of Maryland Police Department officers are trained to recognize and respond to opioid overdoses with naloxone
- Key UHC staff are trained to **recognize and respond** to opioid overdoses
- **Overdose Response Training** will be available for interested groups and individuals by fall 2019, and will include guidance on how to obtain naloxone

ON CAMPUS RESOURCES

- **Terps for Recovery (TFR):** a student group that seeks to provide a supportive atmosphere for students who are in recovery, allies, and persons who are affected by another person's addiction. TFR hosts a number of events, like the Sober Tailgate and Recovery Breakfasts
- **Community support meetings:** two AA meetings on campus and several nearby 12 step meetings
- **"All recovery" meeting:** at the Haven at College Park Recovery Residence
- **Recovery Drop-In Space:** area available in the UHC for students in recovery to study, connect, and relax with the newly added Recovery Library
- **Substance-Free Housing:** housing option for students who commit to not bring substances into the dorm

OFF CAMPUS RESOURCES

- **Community referrals:** when students' needs go beyond UHC's services, they are referred to intensive outpatient, ongoing counseling, hospital-based, and residential programs
- The Haven at College Park has opened a **supportive housing residence** adjacent to campus
- The Haven at College Park will also open an **outpatient treatment center** in Spring 2019



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HEALTH CENTER